



The Leyland Post

Inside this issue:

Contact details	2
Presidents Report	2
Parts Reports	3
Boot Lid Tension	4
Past Events	5
P76 Owners Club Merchandise	7
Dr Phil on Rear Main Seals	6
Immune Enhancement	8
April Committee Meeting Minutes	11
Revised Calendar of Events	12

Special points of interest:

- **Coming Events Updates**
- **Parts Storage**

Next Meeting - TBA (on the other side of Covid19)

The Leyland P76 Owners Club of NSW is affiliated with the following organisations

Council of Motor Clubs



Council of Leyland P76 Clubs



Confederation of Australian Motorsport



BMC Leyland Aust. Heritage Group



Your Committee contact details

Executive Committee:

President: Paul Patten	email: ppatten@ozemail.com.au	Mobile: 0407 284 051
Vice-President: Charles Anderson	email: charlesa@dpfsales.com.au	Mobile: 0478 239226
Secretary/Treasurer: Kay De Luca	email: tonkay@optusnet.com.au	Mobile: 0410 688 886
Public Officer: Kay De Luca	email: tonkay@optusnet.com.au	Mobile: 0410 688 886

Ordinary Committee Members:

Minute Secretary: David Place	email: david@technitemp.com.au	Mobile: 0417 190 245
Parts Officers: Paul Patten	email: ppatten@ozemail.com.au	Mobile: 0407 284 051
Daniel Sheard	email: sheardy95@gmail.com	Mobile: 0420 357387
Merchandise: Greg Bryant	email: deluxep76@outlook.com	Mobile: 0400 102216
Magazine Editors: Paul & Kay		
Activities Coordinator: Greg Bryant	email: deluxep76@outlook.com	Mobile: 0400 102216
Webmaster: Charles Anderson	email: charlesa@dpfsales.com.au	Mobile: 0478 239226
Historic Vehicle Registrar : Paul Patten	email: ppatten@ozemail.com.au	Mobile: 0407 284 051
National (CLPC) Delegates: Paul Patten Steve Maher		

Disclaimer

Articles submitted for publication may be edited at the discretion of the Editor, under Committee guidance.

Any technical information produced in this magazine is meant as a guide only. No responsibility can be taken by this Club, or its members, or contributors to this magazine, for any loss, damage, injury, etc, incurred and/or suffered by any person as a result, actual or imagined, of attempting to use information contained within this or any other magazine. We provide Technical Tips and other articles for general help or your amusement. You are solely responsible for the consequences of any use made of the information.

All Correspondence to:

THE LEYLAND P76 OWNERS CLUB OF NSW
INC. PO BOX 2769 CARLINGFORD NSW 2118
WEBSITE: www.p76clubnsw.org

GENERAL MEETINGS: :

General Meetings are held on the Second Tuesday of
EVERY MONTH at Toongabbie Sports & Bowling Club
12 Station Rd Toongabbie.

Next Meeting Tuesday TBA at 7.30 pm

Presidents Report—Paul Patten

As you are all aware we had to cancel the scheduled April 14th general meeting and given the current climate of social distancing etc, it would seem that we will need to postpone our next scheduled meeting which would have occurred on May 12th. The most recent mutterings from Canberra provide some encouragement however, that there may be a possibility of us getting back to normal in the near future, maybe our June might be a possibility if we are all good.

In the absence of an April General Meeting the committee decided to hold a meeting via phone conference to deal with a few current issues and we have attached a copy of the minutes from this meeting for everyone's information. One of the things that was discussed was a need to keep some regular communication with members via Magazines and Newsletters, not that we expect there to be a lot of information but what we need to keep everyone abreast of developments and changes that relate to club activities.

Given that the virus has given many of us some spare time away from travelling, anyone who would like to share a P76 related, or personal story is welcome to contribute it to the magazine. Stories about how you became involved with the P76, your life with a P76 etc would be more than welcome. We have a few new members that have joined in the past couple of months and given that it may be a little while before we get to know you, even a couple of paragraphs on your P76 history would be great.

In terms of the current standing of future events, we have been advised recently that the Shannons day is likely to be postponed until later in the year, possibly October and depending on what Eastern

Creek may need to be used for. At this stage we believe that the All British Day will go ahead as planned although this could easily change depending on restrictions.

Changing direction a little, a small sub group have continued to work through the parts collection at the De Luca's and we have reached a point where the club's storage capacity has now been exhausted. In fact the parts container is full and we have also have more parts from the Deluca's as well as parts from Galston, Strathfield and the Hunter that are yet to be consolidated into the parts container. To be able to service the needs of members we need to organise our parts into a central location, and to this end the Club's Executive Committee propose the purchase of a second container and some additional racking.

Under the clubs constitution, we need a majority vote at a general meeting to authorise expenditure greater than \$2000 (the container is likely to cost \$2500). Our problem at the moment of course, is that we need to move on this proposal with some urgency but are unable to conduct a general meeting due to virus issues. Given the current situation, we propose proceeding with the purchase unless we receive a serious number of negative votes from the general membership. If anyone would like to register your disagreement with the proposal you are invited to email or phone myself, Charles or Kay by May 12.

And from left field, I was recently encouraged to review some general health guidelines relevant for combatting the current virus issue but also to our general wellbeing. Much of this may be known to some and whilst I am not a health practitioner, I thought it might be useful to include a summarised version in this magazine for your general information.

NSW P76 Parts

The task of cataloguing Tony's parts collection is continuing in a Covid-safe manner with a small sub group of committee members. At this point I think we are past the half mark albeit that it is still hard to see the finish line. Tony had an extensive stock of water pump parts and you will see in the attached minutes that we are proposing a club purchase of this material with the prospect that we are able to offer a reconditioning service to members.

What has become obvious as we work our way through the parts is that there are a lot of used parts which although valuable, the bulk of them are likely to move slowly as members have a need for them.

Leyland P76 Owners Club NSW	
Some Parts to Consider	
V8 Valley Cover and end seals - Remanufactured	\$90
Points for V8	\$20
Speedo Cable inner seals	\$7.50
Front Strut inserts - Pedders - Remanufactured	\$320
Strut Top Bushes - Remanufactured by Vic Club (includes crush tube)	\$40
Tie Rod Bushes - Remanufactured	\$95
Z86 Oil Filters	\$30
Rust Repair Panels - suits bottom of front guards and rear doglegs	\$45

HAVING PROBLEMS WITH YOUR BOOT LID STAYING UP?

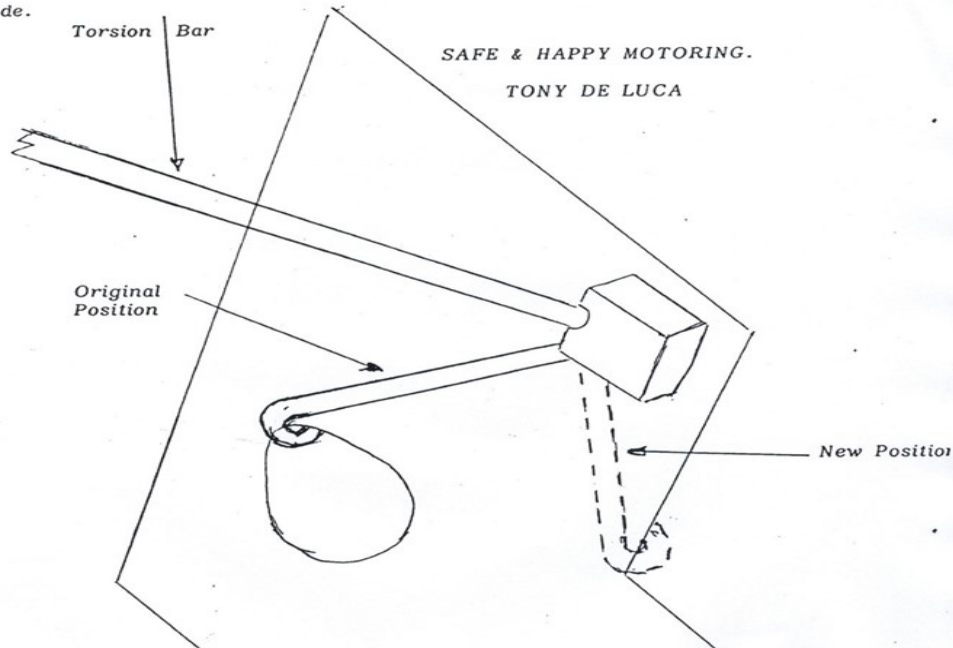
After years of service it has been found that the boot torsion bars can loose their tension.

This is evident when the boot lid just remains in the fully open position and little effort is needed for the boot to close.

This can be dangerous as the least gust of wind can cause the boot lid to commence to close, come down and strike someone on the head or back and cause injury.

A simple and quick modification can be done in order to have a more satisfactory boot lid operation, by increasing the tension on the torsion bars.

A suitable tool for the operation is an ordinary wire coat hanger. Wrap rag around one of the ends so the wire does not cut into your hand. Shape the other end so it will pass through the torsion bar retaining hole in the boot hinge vertical panel and attach around the torsion bar end. Pull the torsion bar out of the hole and let it locate to the rear side of the boot hinge vertical panel. Do the modification to one side first as it may be adequate. If you feel extra tension is needed on the torsion bars, carry out the modification on the other side.



A blast from the past!!!



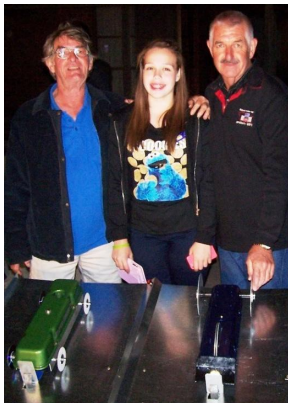
Back row: (L-R) Roland Torony, Steve Deakes, Ross Squire, Steve Hollings.

Front row: (L-R) Phil Crowther, Paul Patten, Steve Maher, Annette Byrne & Joe Torony.

Looking back at past Events



QLD
2012



McLaren Vale - 2015



Wodonga
2018



Canberra 2013



Targa 40th 2014

It was certainly bad luck that we didn't make it to Stanthorpe this year with the rotten Covid-19 virus. However, we're all looking forward to Easter 2021 when we'll make the trip north to enjoy the company of our Queensland friends.

CORPORATE COLOURS

A number of companies purchased Leyland products for their fleets during the early to mid 1970s. Many of those have been documented in some of the books published about the P76. Here's a few more I have found out, all from NSW.

Ansett Pioneer Coaches	Crystal White
Associated Owner Drivers	Hairy Lime and Home On The O'Range
Custom Coaches	Country Cream and Spanish Olive
Mackellar County Council	Coolibah Grey
Sydney County Council	Silverpine Green

Silverpine Green was not a standard Leyland colour but was done especially for the Sydney County Council. They had a fleet of Marinas used by the meter readers who read your electricity meter. I have seen one of these in the flesh, a 1750 automatic Coupe. Obviously not all the cars produced for these companies were P76s. Steve Maher

DR PHILTHY'S TECH TIPS

INSTALLING REAR CRANK OIL SEALS

This can be a frustrating job, because although it's relatively easy to remove an old rear crank seal, the new ones can be damaged and/or deformed if you are too heavy-handed trying to get them back in. Here's how I tackle the job:

Firstly, you need to have a circular pressing plate which has the same outside diameter as the new oil seal. Most P-nuts who have dismantled an automatic P would remember that there is a circular plate bolted to the auto flex plate (at the rear of the crankshaft, of course). The purpose of those circular/annular plates is to spread the torque loadings and help prevent any cracks developing around the hub of the flex plate where it is bolted to the journal at the rear of the crank.

When you're ready to install the new rear seal, lightly coat the front edge and outer circumference of the new seal with a gasket compound and lightly oil the crank journal where the lip of the new seal will sit.

Then carefully press the new seal onto the crank journal and when it is sitting squarely, carefully mount the circular plate, with its raised rim facing toward the front of the engine and thread the six flex-plate bolts into the crank journal in equal increments, so that the raised rim of the circular plate pushes on the outer rim of the oil seal and pushes it slowly into place, without distorting it.

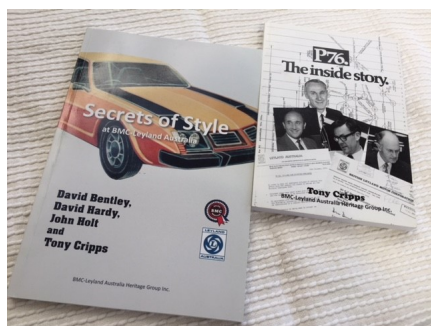
You need to take things slowly, until the front edge of the seal has started to enter the locating groove or channel. Check right around the perimeter of the seal several times until you can see that the seal is being pressed into the groove evenly, without any distortion.

You will need to continue tightening the bolts until the rear face of the seal is sitting flush with the rear face of the rear crankshaft cap. It is a good idea to leave the circular plate in place for at least an hour or two, so that the gasket goo around the circumference of the seal can properly set, to bond the seal to the block and crank bearing cap.



Cheers, Phil Crowther

LEYLAND p76 OWNERS CLUB MERCHANDISE		AS AT 14.02.19	
ITEM - At Market Value		PER ITEM \$	
Book P76 40		\$ 10.00	
Book P76 The Inside Story		\$ 25.00	
Book Secrets of Style		\$ 25.00	
Coasters Set of 6		\$ 15.00	
Keyring, Targa Florio 40th		\$ 5.00	
Model Kit, P76 Wagon Unbuilt		\$ 75.00	
Model Kit, P76 Wagon Built/Painted		\$ 140.00	
Mouse Pad, Targa Brown/Targa Green/Targa Blue		\$ 10.00	
Mug, Targa Brown/Targa Green		\$ 10.00	
Mug, World Cup Rally Car		\$ 10.00	
Patches Leyland Team (Helmet)		\$ 5.00	
Pin, P76 Nationals 2010		\$ 5.00	
Print, Targa Brown/Targa Blue, Framed		\$ 20.00	
Print, Force 7 Yellow unframed		\$ 10.00	
Print, Targa Brown/Targa Green/Targa Blue Unframed		\$ 10.00	
Club Shirts Blue Chambray – long sleeve various sizes		\$ 40.00	
Club Shirts Blue Chambray – short & ¾ sleeve various sizes		\$ 40.00	
Club Jackets Blue		\$ 45.00	
Club Jackets Blue Rally		\$ 56.50	



Secrets of Style & P76 Inside Story \$25 ea.



Blue Club Chambray Shirts \$40



P76 Station Wagon Kits - \$75 Unbuilt



Club & Rally Logo on Front Rally Jacket
Rally Jackets \$56.50 each



Rear of the Rally Jacket



Club Jacket Plain - \$45.00

PRICES DO NOT INCLUDE POSTAGE

Contact : Greg Bryant

email: deluxep76@outlook.com

Mobile: 0400 102216

Immune Enhancement in the face of Covid-19

The original article from which this summary is extracted, is approx. 18 pages and if anyone is interested to receive the full version, I can email it, just drop me a line.

When I started working for myself 15 years ago, I developed a strong interest in maintaining my immune system at a high level because I simply couldn't afford to get sick. This article summarises much of what have been doing over the years and is designed to provide a background for a **proactive** approach to building and maintaining the strength of your own immune systems.

Of course, while personal hygiene and social distancing are important measures, there is also a need and opportunity to boost our immune system so that we might counter the disease at a personal level and not just for this one.

My approach to immune enhancement has always been to do things as naturally as possible and there are hundreds of peer-reviewed papers relevant to enhancing your immune system. Unfortunately, and don't been surprised that there appears to be a disconnect between these and modern medicine.

Preparing your Pandemic Protection

Immune support involves several proven strategies to maximise the performance of your protective system. These include four key minerals, three key vitamins, a couple of phytochemicals, and the use of probiotics to boost gut organisms.

There are four key minerals involved including Zinc, Magnesium, Selenium and Iodine. Ironically, this "Big Four" are the minerals lacking in most of us, so, if we are seeking to boost our protection, we need to address these shortages.

Think Zinc

It is estimated that up to **79%** of us are deficient in Zinc and Magnesium. **Zinc** is required by **the thymus gland to produce key immune cells**. Just a **10%** deficiency of Zinc has been shown to compromise our immunity.

The largest contribution to our Zinc shortage relates to our over consumption of **cereal grains** because we were not really designed to eat a lot of cereal based food (breakfast cereal, toast, biscuits, bread, pasta & rice). These foods contain a natural acid called **phytic acid** which binds with Zinc and forms an insoluble **Zinc phytate**, which we then excrete.

A study published in the *American Journal of Clinical Nutrition*, the scientists found that those with acceptable blood Zinc levels were about **50%** less likely to develop **pneumonia** than those with low concentrations.

The most important Zinc finding relates specifically to **corona** viruses. Essentially the virus hijacks your cells, and your own cell replication mechanics which involves DNA and RNA. The virus sequesters these compounds to replicate the disease in your body. A critical part of this process involves an enzyme utilised by the virus, called RNA-dependent RNA polymerase (RdRP) which Zinc has been shown to inhibit.

In terms of dose rates for adults and children. 100 mg per day is the tolerable upper limit for adults for a short period, but 30 mg of Zinc per day is a typical rate for longer-term supplementation. 5 to 10 mg of Zinc per day is considered appropriate for children between 1 and 7 years old and 15 mg for older children.

Magnesium – The Master Mineral

Magnesium is referred to as the "master mineral", because it is linked to more enzymes than any other mineral.

You might wonder why **almost 8 out of 10 of us are missing this core mineral**. A key driver of Magnesium deficiency is **stress** and there has rarely been a time for higher levels of stress in our lives.

Every aspect of Coronary Heart Disease, our biggest killer, also has a Magnesium link, and then there is the immune link to cancer and virus protection. In terms of its immunity link, the stress-reducing potential of Magnesium may save as many souls as the virus takes.

There are some important recent findings linking Magnesium and **immunity**. Magnesium deficiency seems to increase the production of pro-inflammatory cytokines, and this may relevant to the **cytokine storms** that are often linked to Covid-19 deaths.

A Magnesium (Mg) deficiency also appears to accelerate **thymus involution**. The **thymus is the gland that produces killer T cells** for distribution throughout the body. **Thymus involution** is a feature of the aging process, where the thymus cells die, the gland shrinks, and immune capacity diminishes.

When addressing your likely Magnesium deficiency, oral supplementation may not be your best option. A symptom of Magnesium deficiency is a reduced capacity to absorb Magnesium through the gut lining and into your blood. However, a better option is **transdermal Magnesium supplementation**, which is **ten times** more efficient than oral doses. You could spray under your arms or on the highly absorbent soles of your feet, with **Magnesium oil** products.

Alternatively, you could use the age-old strategy of bathing in **Epsom Salts** (Magnesium Sulphate) which is highly effective and inexpensive. Soak for thirty minutes in a bath full of warm water, laced with two cups (500 grams) of Magnesium Sulphate. The warm water opens the pores to increase the uptake of the Magnesium.

Selenium – The antioxidant, anti-inflammatory liver supporter

Australian soils are deficient in this important nutrient which creates deficiencies in our food and eventually in us. In this toxic world, our two-stage detoxification system needs to work in hyperdrive, causing an “unnatural” drawdown of Selenium, to counter free radical damage and detoxify contaminants.

Your liver is the centrepiece of your two-stage detoxification system, and the most important mineral for the liver is Selenium. Enzymes are once again involved, this time, it is the powerhouse clean up enzyme system, **glutathione peroxidase**. The cheapest (and perhaps most effective) tool to boost glutathione, is whey protein concentrate, as it delivers luxury levels of the three amino acid building blocks for the body to create glutathione.

Several studies have demonstrated that good blood levels of **Selenium** are linked to enhanced immune response. There are several studies which have demonstrated enhanced immunity in the elderly, and **viral protection** associated with this mineral.

200 mcg of Selenium per day is the required protective dose. However, if you would prefer to source your Selenium from food, rather than a bottle, then the standout high-Selenium food is the humble Brazil nut.

The **Brazil nut** contains around 25 mcg of Selenium per nut, but it also contains the co-factors that increase Selenium uptake. The most important of these uptake enhancers is vitamin E, which is found in luxury levels in this wonderful nut. The Brazil nut also features high levels of Magnesium and Zinc. Just ensure you chew the nuts well to extract the full benefit, or alternatively throw four nuts into your blender when making your **green smoothie** each morning.

Iodine - Rescuing the Runt

Iodine is the fourth of the missing minerals that should be addressed to provide **viral protection**. Iodine uptake is seriously impacted by Chloride, Fluoride and Bromide, all three of these antagonists, impact Iodine uptake, but the biggest bully is Bromide. **Bromide** is not just in our bread, it is a fire-retardant chemical found in curtains, carpets, furniture and airline seats. Chloride and Fluoride are in treated town water, and while you may have installed a carbon filter to isolate the Chlorine in your drinking water, you are still sucking up both toxins via your skin when you shower. In fact, the hot water opens your pores to maximise that effect.

Iodine is the most important mineral for the health of your thyroid gland. It is required to ensure adequate production of thyroid hormones, and these hormones can directly impact multiple branches of the **immune system**. The thyroid also drives metabolism, which, in turn, helps energise the immune response.

Food-based iodine supplementation is best achieved with kelp supplements or with seaweed salads. A single sheet of dried kelp can provide over 1000 mcg of Iodine.

The other time-tested strategy for Iodine correction involves **five drops** of **Lugols Solution** in a glass of juice, for a minimum of three months. It is important, when supplementing anything, that you continue that supplementation for a minimum of three months. It usually takes several years to create a deficiency and it invariably takes several months to correct it.

The Fat-Soluble Immune Enhancers

Perhaps the best researched of the immune enhancers is the fat-soluble antioxidant, **vitamin D3**, a hormone with an intimate link to **immunity**. There are compelling statistics linking a shortage of vitamin D3 with significantly increased susceptibility to **viral diseases**, particularly those affecting the respiratory system.

New research suggests that there is an important ratio between vitamin A and vitamin D and the best supplement in relation to this ratio, comes from Nature (of course). **Cod liver oil** contains very high levels of both vitamin A and vitamin D3 in an optimum ratio. This oil also contains high levels of the anti-inflammatory workhorses, the **omega-3 fatty acids**. A teaspoon a day is good, but a **tablespoon** a day is the best protective rate.

Vitamin C - Understanding the Workhorse

Linus Pauling was the only person to win two Nobel prizes single-handedly. His second success came later in life, when his health had become compromised. He attributed his subsequent recovery, and ongoing vitality, to his discovery of the profound benefits of high-dose vitamin C.

Interestingly, the human body does not make vitamin C, it must come from food or supplements and water soluble vitamin C is rapidly excreted, so we need to top up daily. This is particularly important as we age. Several studies have revealed lower blood levels of this key defence vitamin, associated with the **aging process**.

Vitamin C is the workhorse of your two-stage **detoxification** system and, in a world with 74,000 registered chemicals, this system often requires support. It's natural to think about Oranges at this point but you could peel oranges until your wrists seize, and still struggle to supply enough natural vitamin C, to counter free radical stress.

Vitamin C offers critically important support for the cells that kill invaders and the cells that coordinate those attacks. It is equally important to produce **antibodies** that fight known infections.

There are multiple studies confirming the capacity of vitamin C to boost immunity, A [review of vitamin C studies](#) published in *Military Medicine* found a **45 – 91%** reduction in the symptoms of common cold associated with supplementation. In this context, the more exciting finding from this meta-analysis was an **80 – 100%** reduction in pneumonia.

In China, a large-scale study was initiated on February 14, and it will conclude on September 30. This study is called "[Vitamin C Infusion for the Treatment of Severe 2019-nCoV Infected Pneumonia](#)". This trial was inspired by the experiences of several Chinese physicians, who successfully used high-dose vitamin C in their treatment protocols for the pandemic.

Vitamin C Pointers

The recommended daily allowance of vitamin C (at 90 mg per day) is woefully inadequate if we are seeking protection. It is now generally accepted that a minimum of **1000 mg** (1 gram) per day is required to maintain immunity.

Phytonutrients to the Rescue

There are several immune-enhancing herbs and plant-derived nutrients that could also be enlisted in our protective regime at this time, but the most important of these, in my opinion, is a flavonoid called **quercetin**.

Sometimes, as the Covid-19 infection runs its course, our response is not about a lack of immune response in fact, it can be almost the opposite. If our immune system is dysfunctional, we can lose its critical self-balancing capacity. This loss of control can lead to a massive overreaction. The subsequent overproduction of immune cells can create a **cytokine storm**. In fact, this is a common outcome for those who succumb to this disease. The immune system effectively turns on its host and the uncontrolled immune cells flood the lungs, which leads to the pneumonia that has proven so destructive.

Herein lies part of the enthusiasm for **quercetin**. Substantial research in China and Canada highlights the considerable potential of this plant-derived flavonoid to reduce the likelihood of these **cytokine storms**. Quercetin is also a powerful immune booster and broad-spectrum antiviral.

Quercetin is one of the most abundant of over 8000 flavonoids found in food. It is termed a 'flavanol', one of the highest natural sources of which is red onions and spring onions. It is reported that consumption of one spring onion a day reduced all forms of cancer by **71%**. **500 – 1000 mg** of quercetin per day, in divided doses, is the desired productive dose rate.

The Mighty Curcumin

Curcumin has been described as 'the most powerful anti-inflammatory ever researched', and it has now been linked to protection from heart disease, type 2 diabetes, Alzheimer's, stroke and cancer.

However, there is a bigger picture involved here. **Inflammation** is a primary player in all degenerative and infectious disease, so the benefits are profound. **Covid-19** sponsors inflammation on a major scale, so there appears an obvious role for a natural anti-inflammatory in the protection equation.

It is important to understand that **curcumin** is poorly taken up, so there is great benefit in assisting that uptake. The synergists that have been shown to be most effective include **black pepper** (linked to an active ingredient piperine), coconut oil, and full-fat milk (because curcumin is fat soluble).

Probiotic Support

We are increasingly recognising the importance of the life within us. In fact, our microbiome is intimately linked to every aspect of our health, including brain health. 80% of our immune system is located in our gut, supported by our gut organisms and constantly fine tuning our immune response. Unfortunately, these beneficial organisms are also under constant assault from a range of biocides, ranging from antibiotics to food stabilisers, prescription medicine and chlorinated water.

It is no accident that the longest living people on the planet are those that consume lacto- fermented food on a daily basis. It makes one wonder if the impressive Korean Covid-19 bounce-back could possibly be linked to their daily consumption of **kimchi**.

Similarly, lacto fermented **Kombucha** and/or **Kefir** are great probiotics and there are multiple commercial probiotic formulas available but try to seek those with the greatest diversity.

The other obvious immune supporters are good sleep, reduced sugar, and trying not to bombard your wonderful system with too much alcohol.

I wish you all the very best health and protection in these difficult times.

LEYLAND P76 OWNERS CLUB of NSW Inc
TELECONFERENCE COMMITTEE MEETING IN LIEU OF GENERAL MEETING
Tuesday 14th APRIL 2020 at 7.30 pm

Present:

Paul Patten; Charles Anderson, Daniel Sheard, Steve Maher, Kay De Luca; David Place.
Paul Patten in the Chair.

Apologies:

Greg Bryant

Minutes of

Minutes of March General Meeting accepted. Moved: Daniel Sheard; Seconded Steve Maher

Previous Meeting:

Minutes of March Com. Meeting were accepted: Moved: Kay De Luca; Seconded: Charles Anderson

Business Arising:

The replacement A-Frame was ordered from Hills Printing cost \$150.00. All other matters mentioned in the previous minutes are currently in a state of postponement pending restrictions on travel and gatherings. A trial run by the Club Committee at Easter time 2021 was discussed to gauge the weather etc for the proposed 2023 National Event.

National Council:

Nothing to report.

Correspondence:

Tech Tip articles from Phil Crowther; Magazines: Classic Club April, Vic/Tas Mar-Apr, SA Mar-Apr, Vic Club cancelling future events, DBA Event Aug-Sept at Silverwater (Steve Foldhazy). Marty Stockwell HVS paperwork; Penzed March 2020.

IN:

Correspondence:

Email out: Covid restrictions re HVS & CVS vehicles, Leyland Post to new members, Cancellation Notice for April Club Meeting and Castle Hill Discovery Centre weekend.

OUT:

Mail Out: New Member Cards & Letters.

Reports:

Registrar's Report: Paul to contact Kim Vizer (her cars maybe registered through another club). 29 vehicles on HVS and 4 on CVS.

Parts: Daniel reported some minor sales during the month. Tony's stock of water pumps and spares has been uncovered and it has been suggested that the club should purchase these items with a view to being able to offer a recondition/exchange service to members. Several suggestions were made regarding prices, the need to charge a deposit until the exchange is inspected and the need to carry stock on hand. Details of this will be finalised once Daniel confirms that he is able to manage the rebuilding process. Other items from Tony's stock prompted discussion about rebuilding intermediate shafts etc. Container stock list 95% complete. SA have available Mag Wheel Caps – we ordered 5 sets (\$120/set) – request discount for 5 sets?

Merchandise: Greg Bryant not present – Jye Pastourmoglou wants a copy of Gavin Farmer's "Anything but Average" – he will have to purchase online.

Website: No progress – stock list needs to be removed as it's out of date - put contact names & phone numbers up.

Activities:

Past: -

Future: -

National Motoring Heritage Day 17/05/20 – cancelled

23/05/2020 Motorsport Trivia night – Richmond Bowling Club - cancelled

12/07/20 Lynwood House Guildford – cancelled

16/08/2020 Shannons Sydney Classic – Sydney Motorsport Park – confirmation Mid-May

13/09/2020 All British Day – The Kings School - tba

General Business:

2020 P76 Nationals cancelled due to Coronavirus. Event to be run at Easter 2021.

Due to current inability to conduct General Meetings, it was agreed to have more regular Newsletters and Magazines to keep in touch with Club Membership. There is obviously not a lot of news to share but we need to make an effort to stay in touch. All Committee Members are requested to contribute ideas and articles. Also ask Members to contribute. Some of Tony's old technical articles have been resurrected.

Next Meeting:

Next General Meeting 12th May 2020 - probably another Committee teleconference.

Closure:

Meeting closed at 8.45 p.m.

Leyland P76 Owners Club - 2020 Events Calendar

14 TH January 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
11 th February 2020 29 th February 2020	Club Meeting Club run to Ebenezer	Toongabbie Sports & Bowling Club Ebenezer Church M/Tea, Wine Tasting & Lunch	Contact Kay De Luca 0410 688 886 Contact Charles Anderson 0478 239226
10 th March 2020 21 st March 2020 28 th March 2020	Club Meeting BMC Heritage Group Club Run	Toongabbie Sports & Bowling Club Video Afternoon—Hal Moloney Ryde Eastwood Leagues Club Cancelled Powerhouse Museum Cancelled	Contact Kay De Luca 0410 688 886
9 th —13 th April 2020 14 th April 2020	P76 National Meeting Club Meeting	Stanthorpe QLD Cancelled Toongabbie Cancelled	leylandp76nationals@gmail.com Contact Kay De Luca 0410 688 886
12 th May 2020 May 2020	Club Meeting National Motoring Heritage Day	Toongabbie Cancelled East Kurrajong Cancelled	Contact Kay De Luca 0410 688 886
9 th June 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
14 th July 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
11 th August 2020 16 th August 2020	Club Meeting Shannon's Sydney Classic	Toongabbie Sports & Bowling Club Sydney Motorsport Park TBA	Contact Kay De Luca 0410 688 886
8 th September 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
13 th October 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
November 2020 10 th November 2019	BMC Heritage Group Annual Reunion Club Meeting	Ryde Eastwood Leagues Club Toongabbie Sports & Bowling Club	Contact Kay De Luca 0410 688 886
8 th December 2020	Club Meeting	Toongabbie Sports & Bowling Club	Contact Kay De Luca

Since 1981

[www.p76clubnsw.org]

**THE LEYLAND P76 OWNERS CLUB OF NSW INC.
PO BOX 2769 CARLINGFORD NSW 2118**

